

When Something Doesn't Seem Right: How to Spot Nursing Home Abuse

Finding a place for Mom or Dad to live once they can no longer care for themselves is one of the most difficult decisions a child may have to make in life, especially if the parent does not want to leave their home to enter a long-term care facility.

Strong emotions and defiance from a parent about the move can sometimes make it hard to tell whether they are being properly cared for at the nursing home. That's why it is important to trust your gut and make sure you know the Georgia Bill of Rights for Residents of Long-Term Care Facilities. If an injury or serious medical problem occurred and something just doesn't seem right about it, there's a chance that the parent's injury could have been caused by nursing home abuse, a very serious and life-threatening problem that often needs legal assistance to prove.

The following questions can help adult children identify abuse and relay what's happening to a trusted lawyer familiar with personal injuries:

- Are there continued signs of dehydration or malnutrition?
- Is the resident always dressed properly for the time of day and weather?
- Does the resident receive their meals in a timely manner?
- Are their living quarters well-kept and clean?

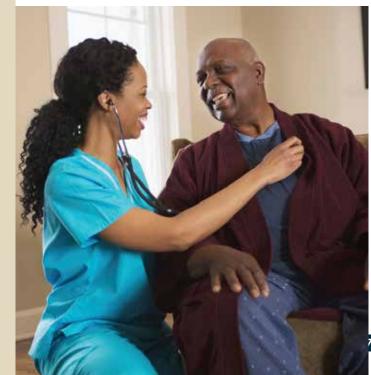
- Is the resident given their medications at the same and correct time each day?
- Is the resident being treated kindly or as if they are a burden?
- Does the resident seem to be sick a lot with issues related to bacteria or infections?
- Is there open communication with the resident's loved ones or decision-makers?
- If there is a problem, are the resident's loved ones notified immediately or after the fact?

If there is a question as to whether or not the injuries or serious medical problems are related to the care – or lack of care – he or she was receiving at the nursing home, the above signs can shed a lot of light on what was really going on.

Under the Georgia Bill of Rights for Residents of Long-Term Care Facilities, nursing home residents are entitled to a number of basic human rights that were designed to prevent poor care and injuries from happening, including the right to:

- Get up and go to bed as desired
- **■** Enter and leave as desired
- Participate in the development of his or her care plan
- Refuse medications, dietary restrictions, and treatment
- Associate with whomever they desire on or off facility grounds
- **Choose or change physicians**
- **■** Choose a pharmaceutical supplier
- Vote in any election with no interference
- Receive visitors in private
- Participate in social, family, religious, and community activities
- Be free from discrimination based on source of payment
- Be free from discrimination based on physical or mental condition

If you feel like your loved one's injuries while at a nursing home are due to their rights being violated, contact us to let our family help yours.















Share A Favorite Family Recipe For A Chance To Win \$100 For **Thanksgiving Groceries!**





Thanksgiving is a time to share the table with those you love – eating the dishes that have been served in the family for decades. To honor those culinary traditions, Todd Law is hosting the 2nd Annual Family Recipe contest! We want to hear all about your favorite recipes - the stories behind them, what makes them special, and how they came to be staples at the Thanksgiving table. One winner will be randomly selected to win a \$100 gift card to the grocery store of their choice and have their family recipe featured in our newsletter!

To enter, please send the following information to anneke@josephmtodd.com:

- 1. Your name and phone number
- 2. The recipe, including ingredients and directions on how to make
- 3. An explanation of why the dish is meaningful to your family
- 4. A photo of the dish (if available)
- 4. A photo of your family or the family member who created the recipe (if available)

The winner will be announced by Tuesday, November 23rd!

RECIPE OF THE MONTH



Hot Cheesy Corn Dip

End of the season corn is the sweetest, which makes it the best compliment to this warm, spicy dip!

INGREDIENTS

- 2 tablespoons butter, divided
- 2 cups fresh corn
- 1/2 cup onion, diced
- 1/4 cup red bell pepper, diced
- 2 green onions, sliced
- 1 jalapeno, finely diced
- 1 clove garlic, chopped
- 1/4 cup mayonnaise
- ¹/₂ cup Monterey jack cheese, shredded
- 1/2 cup cheddar cheese, shredded
- salt, pepper, and cayenne to taste

DIRECTIONS

- 1. Preheat oven to 350°F. Melt 1 tablespoon butter in a pan over medium-high heat, add the corn, sauté until the corn starts to turn golden brown, about 5 minutes, remove from pan, and set aside.
- 2. Melt remaining butter in the same pan over medium-high heat add the onion and pepper. Sauté until the onions are soft, about 3-5 minutes.
- 3. Add the green onion, jalapeno, and garlic and sauté until fragrant, about one minute.
- 4. Mix the corn, onions, peppers, mayonnaise, cheeses, and cayenne in a bowl, reserving some of the cheese.
- 5. Pour the mixture into a baking pan and top with the reserved cheese.
- 6. Bake in until bubbling on the sides and golden brown on top, about 10-20 minutes.

Out and About in Atlanta – Tell Us About Your Favorite Local Shops!

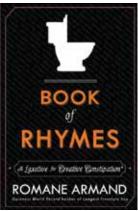
The holidays are right around the corner, and we want to highlight amazing local companies in and around the Atlanta area that sell the perfect items for gift giving! Jack Be Nimble candles, a gift certificate to Choice Productions for a family photo shoot, Christmas morning pastries from Ray's Donuts, the My Butterfly Pillow for the side-sleeper in your life, a copy of *The Book of Rhymes* by Romane Armand, a treat from Say it With a Cupcake, or all-natural body scrub from Bessie's Natural Treasures are just a few of the gifts made by locally-owned businesses that we will be highlighting during the upcoming holiday season, but we want to hear from you! Share with us your favorite local business for holiday giving and you could win a \$25 gift card to spend there! Simply post your choice on our Facebook page or send us the recommendation via email to anneke@josephmtodd.com.















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Joe and Jillian

CALL US. YOU'RE GOING TO FEEL A WHOLE LOT **BETTER ABOUT THINGS. (770) 477-7878**

TIMES

CALL NOW: (770) 477-7878 FOR FREE CASE REVIEW

Win A \$100 nazon Gift Card!



Take a photo of yourself with this month's newsletter and tag us on our Joseph M. Todd, PC Facebook page for a chance to win one of two \$100 Amazon gift cards!



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Raving Fan of the Month

"I highly recommend them...very professional... no games... they get the job done..."

- Kevin Barker